



NORTHERN EXPOSURE

The Newsletter of Village Academy North, Inc.

It's been a fairly quiet opening of the new school year - if you don't count this week's hurricane scare! We are noticing the effects of the long-term recession and the lack of growth in our nearby developments. Like you,

all we can do is await the comeback of the economy, but that's still some ways off. Meanwhile, we are here to care for and educate your child - academically, emotionally, socially, and physically. It's what we do!

VILLAGE
ACADEMY NORTH

HURRICANE
PREPARATIONS

ENRICHMENT
CLASSES

THANK YOU FOR
THE SUPPLIES!

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HURRICANE PREPAREDNESS

It looks like we've dodged a bullet, and Irene is going to pass us by. But it's a good time to let you know what our Hurricane Plan includes.

Our first responsibility is the safety of staff. If ordered to evacuate, or if a hurricane hits without an evacuation order, we won't be open. Our goal is to re-open as soon as we can after the storm has passed.

After a storm, we will try to find out how many staff are available to open the facility. To open, we must have power and water. We have two large portable generators at our other school, and we can bring one to North if necessary, as our electrical system is pre-wired to handle it. We will have air conditioning and power to the gym, front office, and kitchen. If we don't have water, though, DCF will not let us open.

If our main campus can open and North can't (or vice versa), we will combine operations at one campus during the emergency.

Our top priority will be to serve the children of designated first responders. After that, we will take as many children as we can, recognizing that we must stay within DCF ratios even during a public emergency.

To find out if when we are going to re-open, call the front desk at North. If the answering machine picks up, that means we have power! We will provide an announcement of our operating status, and update it regularly.

ENRICHMENT CLASSES

We still have openings for our four Enrichment classes. They are:

- + Dr Gooley's Science Lab
- + Iron Chef
- + Van "Go" Art Studio
- + Tumbling

Each class meets once each week, from 12:15 to 1:15 and includes lunch.

Don't let your children miss out on these fun and educational programs!

BEST OF ST AUGUSTINE

Thank you to all who voted for us in the Best of St Augustine competition. We are awaiting the results, but are optimistic that we will again be named the best of St Augustine!

SUPPLY LISTS

We want to say THANK YOU to all the parents who are helping us by bringing in school supplies.

As we told you in the last issue, state funding for VPK has been cut again, and School Readiness funding took a double whammy - a state reduction and then the elimination of the Gold Seal differential for nationally accredited schools by our local Early Learning Coalition. They are the only Coalition in the state (out of 31) to eliminate the Gold Seal differential, which shows a callous disregard for the children, and demonstrates an obvious lack of concern for quality in preschool education.

TYLENOL DOSAGE CHANGES

Tylenol is making dosage changes across their product line. For older children and adults, the maximum daily dosage will now be 3,000 milligrams, down from 4,000 milligrams. Overdosing on acetaminophen can cause liver damage, and is currently the leading cause of liver failure in the United States. Tylenol is also making changes to infant drops. Infant drops were far more concentrated than the children's liquid Tylenol, which has led to parents accidentally overdosing their infants. When infant Tylenol drops return to the market (they are currently withdrawn) the drops will have the same concentration as the children's liquid. Remember, infants and children are dosed by weight, not by age, until they are teenagers.

DATES TO REMEMBER	SEP 5	SEP 11	OCT 24
	Labor Day Holiday Village <i>North</i> Closed	National Grandparent's Day!	St. Johns County Schools Closed Village <i>North</i> OPEN

BREAKFAST

According to ChildrensHealth.org, "Studies show that people who take time for a morning meal consume fewer calories over the course of the day, have stronger cognitive skills, and are 30 percent less likely to be overweight or obese." And then there's a big "BUT" that goes with that - if your breakfast is processed food filled with fat, sodium, and empty calories, then the benefit of breakfast is lost. What not to eat? Reese's Puffs Cereal, Krispy Creme powdered donuts, Quaker Natural Granola Oats & Honey, Starbucks Scones, Jimmy Dean frozen pancakes, anything at Cinnabon, McDonald's deluxe breakfast, etc. In other words, prepare something yourself with fresh food, whole wheat bread, and no added sugar! Then have breakfast with your child - it's a great way to start the day.

NATIONAL ACCREDITATION

It's hard to believe it's already been 3 years, but we are going through the process to get reaccredited. You will be asked to complete a Parent Survey. Also, we would appreciate any books you can donate to the school; our books get used so much that they wear out and have to be replaced.

WE ARE ON FACEBOOK

As I said before, I still have a bit of trouble with the term "facebooking" being a verb, but social media is the rage. You can now find Village Academy *North* on Facebook as well. Please visit and let us know if you "like" us. Just put Village Academy *North* in the search box. By the way, Facebook is changing their privacy settings effective tomorrow, August 25th, so make sure you visit your page and set them appropriately.

EYE CONTACT

When you've gone into your child's classroom to talk with the teacher, you may notice she doesn't maintain eye contact with you. She's not being rude - she's doing her job. Our teachers are taught to greet you when you enter the room, and then to return to keeping watch on the children. She can have a conversation with you, but please don't be offended if she's not looking at you - she is doing her job and maintaining a safe classroom!

ADMIN NOTES

Please remember: if you plan to bring in goodies for your child's birthday party, check with us first about any possible food allergies among your child's classmates...We need book donations! Please bring in any books for ages infant-5 that are no longer needed...Parents, remember to clock your child in and out. That is our official record for DCF.. There is no smoking anywhere on the school campus, including the parking lot. We can be written up by DCF if you smoke on our property!